

Pilot study of a new rehabilitation tool: Improved unilateral short-term adaptation of the human angular vestibulo-ocular reflex

Author: Migliaccio, Americo; Schubert, Michael

Publication details: Otology & Neurotology 1531-7129 (ISSN)

Publication Date: 2014

Publisher DOI: http://dx.doi.org/10.1097/MA0.00000000000539

License:

https://creativecommons.org/licenses/by-nc-nd/3.0/au/ Link to license to see what you are allowed to do with this resource.

Downloaded from http://hdl.handle.net/1959.4/53746 in https:// unsworks.unsw.edu.au on 2024-04-24 Unilateral vestibular adaptation improved

1	Pilot study of a new rehabilitation tool: Improved unilateral
2	adaptation of the human angular vestibulo-ocular reflex
3	Americo A. Migliaccio, PhD ¹² and Michael C. Schubert, PhD ²³
4	
5	¹ Neuroscience Research Australia and the University of New South Wales, Sydney, Australia.
6	² Department of Otolaryngology – Head and Neck Surgery, Johns Hopkins University School of
7	Medicine. ³ Department of Physical Medicine and Rehabilitation, Johns Hopkins University
8	School of Medicine.
9	
10	Running title: Unilateral vestibular adaptation improved
11	
12	MAILING ADDRESS
13	Dr. Americo A. Migliaccio
14	Balance and Vision Laboratory
15	Neuroscience Research Australia.
16	Cnr Barker Street & Easy Street
17	Randwick, Australia 2031
18	Tel: +61 2 9399 1030; Fax: +61 2 9399 1082
19	Email: <u>a.migliaccio@neura.edu.au</u>
20	
21	This study was supported by a National Health and Medical Research Council (NHMRC
22	Australia) Biomedical Career Development Award to A.A. Migliaccio.

24 Abstract

HYPOTHESIS: Unilateral vestibulo-ocular reflex (VOR) adaptation training causes some increase towards the non-adapting side (~30% of increase on adapting side). We conducted a pilot study to determine if the increase could be reduced by providing a visual stimulus during rotations to the non-adapting side.

BACKGROUND: Unilateral vestibular adaptation is a technique that could increase the ipsilesional VOR response of vestibular patients with unilateral hypofunction. However, this technique results in the VOR response increasing for rotations towards the non-adapting (normal) side, which is undesirable because the VOR will be over-compensatory (causing nonstable vision) during head rotations towards the normal side.

METHODS: We built a portable helmet device that sensed horizontal angular head velocity to generate a visual target that required a preset VOR gain (eye velocity / head velocity) for optimal image stabilisation that could be set differently for leftward and rightward head rotations. We tested 10 subjects (6 controls and 4 patients with vestibular hypofunction). We measured the active and passive VOR gain before and after unilateral VOR adaptation training.

RESULTS: In control subjects, for rotations towards the adapting side (target gain = 1.5) the VOR gain increased due to training by $26.1 \pm 23.4\%$ during active head impulses and by $14.6 \pm$ 13.0% during passive head impulses. In contrast, for rotations towards the non-adapting side there were no statistically significant increases.

43 CONCLUSION: A visual stimulus driving the VOR gain to unity towards the non-adapting side
44 aids unilateral adaptation more so than no visual stimulus.

45 **KEYWORDS** vestibulo-ocular reflex (VOR), unilateral vestibular adaptation, retinal image
46 velocity slip, vestibular rehabilitation.

48 Introduction

The angular vestibulo-ocular reflex (VOR) maintains images stable on the retina during 49 rapid head rotations by counter-rotating the eyes in the opposite direction to the head. Typically 50 the gain of the VOR is unity, i.e., eye velocity magnitude is equal to head velocity magnitude, so 51 that eye velocity divided by head velocity equals 1 (e.g., 1). However, after an injury to the 52 peripheral vestibular organ the VOR becomes under-compensatory and the gain is < 1 (2, 3). 53 Under this circumstance retinal image slip occurs resulting in visual instability during rapid head 54 movements. Rehabilitation exercises attempt to improve visual stability during active head 55 movements by increasing or 'adapting up' the VOR gain and enlisting other oculomotor systems 56 (4, 5). 57

A number of human VOR studies have demonstrated a robust capacity for gain 58 adaptation of the normal VOR by coupling head motion with target motion to elicit retinal slip as 59 a velocity error signal, which is mediated via central vestibular mechanisms (6, 7, 8). While 60 these experiments were critical to establish the plasticity of the VOR, they were not useful in a 61 rehabilitation context, in part, because the adaptation was most evident when testing the VOR in 62 darkness. In light, the adapted response significantly decreased (~70%). Recently, Schubert et al. 63 (9) showed that the VOR could be robustly adapted in dim light using an incrementally 64 increasing retinal image velocity slip stimulus during self-generated head rotations. In that study, 65 the VOR gain increase after 15 minutes of adaptation training was 17.3% and 18.2% in control 66 subjects and unilateral vestibular hypofunction (UVH) patients, respectively. 67

The Schubert *et al.* (9) study used a bilateral retinal image velocity slip stimulus. This is not ideal for patients with a unilateral lesion whose VOR is under-compensatory only for head rotation towards the lesioned side. Only the lesioned side needs to be increased. Increasing the

71 normal side is undesirable because it results in over-compensatory eve movements. The authors have recently showed that under laboratory conditions unilateral VOR adaptation is possible in 72 humans (10). In that study, nine normal subjects underwent the same experimental protocol as 73 Schubert et al. (9) for rotations to one side (adapting side), but for rotations towards the other 74 (non-adapting) side the visual stimulus was removed. The VOR gain towards the adapting side 75 increased after training from 0.92 ± 0.18 to 1.11 ± 0.22 (+22.7 ± 20.2%) during active (self-76 generated, predictable) head impulses, and 0.91 ± 0.15 to 1.01 ± 0.17 (+11.3 ± 7.5%) during 77 passive (imposed, non-predictable) head impulses. In contrast, the VOR gain increase towards 78 the non-adapting side was only 8% during active impulses and 2% during passive impulses. The 79 8% gain increase towards the non-adapting side was statistically significant and not ideal for 80 unilateral adaptation. 81

The first aim of this study was to reduce the active VOR gain increase towards the non-82 adapting side by providing a visual stimulus that required a VOR gain = 1 for rotations towards 83 that side. The second aim was to investigate whether an asymmetrical visual slip stimulus could 84 unilaterally modify the VOR gain without incremental adaptation. The third aim was to 85 determine if unilateral VOR adaptation could occur in patients with vestibular hypofunction. We 86 built a portable device that replicated the large laboratory equipment from the Schubert et al. (9) 87 and Migliaccio and Schubert (10) adaptation studies. The portable helmet device sensed 88 horizontal angular head velocity and generated a visual target that required a preset VOR gain 89 for optimal image stabilisation. The target gain could be adjusted asymmetrically, e.g., VOR gain 90 = 1.5 for image stabilisation during rightward head rotations, and gain = 1.0 during leftward head 91 rotations. 92

94 Materials and Methods

95 Subjects

We studied 6 normal subjects (mean age 45 years, range 24 - 68 years). None of these 96 subjects had a history or clinical signs of vestibular disease. We studied 4 subjects with 97 vestibular hypofunction, three with unilateral (UVH; 1 left superior vestibular neuritis, 1 right 98 superior vestibular neuritis, 1 right labyrinthitis) and one with bilateral vestibular hypofunction 99 (BVH; bilateral familial) (mean age 49 years, range 32 - 67 years). Vestibular hypofunction was 100 confirmed by a positive clinical vaw head impulse test. Participation in this study was voluntary 101 and informed consent was obtained as approved by the University of New South Wales Human 102 Ethics Committee. 103

104 *Recording System*

The movements of the right eye were recorded in two-dimensions using video-105 oculography (VOG). This VOG system has been previously described by MacDougall et al. (11). 106 107 In brief, right eye position was recorded at 250 Hz with a small, lightweight, high-speed digital video camera mounted onto a lightweight glasses frame with elastic strap that locked 108 comfortably onto the bridge of the nose and around the eye sockets to minimize slippage of the 109 camera relative to the head. The image of the eye, illuminated by 2 infrared light-emitting diodes 110 (LEDs), was reflected from a hot mirror to the camera. Head velocity was measured by a 111 miniature 6-degrees-of-freedom (yaw, pitch and roll rotation; up-down, left-right and forward-112 back translation) inertial measurement unit (IMU). The camera, hot mirror, and IMU were 113 rigidly mounted onto the spectacle frame - total weight ~60 g. Horizontal and vertical eye 114 position was calibrated *in vivo* by asking the subject to sequentially fixate on the centre and then 115 4 tips of a cross (subtending known angles) projected from a glasses-mounted cross-hair 116

projector. Video images were analyzed offline to calculate eye position using the center-ofgravity (function in LabVIEW, National Instruments, USA) pupil detection method. Horizontal and vertical eye velocity was calculated using a 3-point differentiator and 50-tap zero-phase low pass FIR filter with a bandwidth of 50 Hz.

121 Helmet laser target system

We used a laser and real-time single-axis / single-mirror galvanometer system (Model 122 6210H with 67721H single-axis servo driver amplifier, Cambridge Technology, USA) for 123 display of a visual target (a 2mm diameter red-laser dot) onto a matte-black painted wall 111 cm 124 directly in front of the subject along the naso-occipital axis. The laser projection unit was 125 mounted on a safety helmet with twist-cap tightening strap that the subject wore (see figure 1A 126 and 1B). The laser unit was positioned so that when the subject wore the safety helmet it laid 127 approximately along the axis about which the head turned during yaw rotations. A single-axis 128 gyro (GyroPak Analog MEMS Rate Sensor, O-Navi, USA) was oriented on the helmet to 129 maximally detect yaw (horizontal) angular head (helmet) velocity $\pm 400^{\circ}$ /s (see figure 1C). Figure 130 1D shows the general signal processing of the laser target helmet system (Patent Pending 131 C10585-P10585-02). The horizontal head velocity voltage signal from the gyro passed through 132 either the positive or negative rectifying circuit depending on whether the head was rotating 133 leftwards (positive voltage) or rightwards (negative voltage). The gain of the leftward or 134 rightward signal could be independently adjusted via a (leftward and rightward gain) knob on the 135 front of the control unit (figure 1A and 1E). The (velocity) signal was then inverted and 136 integrated to generate the horizontal galvanometer / laser position signal. A reset switch allowed 137 the user to set the laser position back to straight-ahead with respect to the subject (helmet). If the 138 139 reset switch was not pressed, then the galvanometer (and laser if it was on) returned back to

Figure 1

143 Passive and active head impulse testing

A head impulse consists of a unilateral, transient, head rotation with peak-amplitude 144 ~15°, peak-velocity ~150°/s and peak-acceleration ~3,000°/s² (12). Passive head impulses are 145 unpredictable and delivered manually, whereas active head impulses are generated by the subject 146 (13). Before the start of each head impulse, the subject's head was centred straight-ahead. The 147 subject's task was to fixate a stationary LED placed at eye level on the wall 111 cm directly in 148 front of them. Passive head impulses were delivered manually in the horizontal canal plane, i.e., 149 leftward and rightward. Subjects were trained to perform active head impulses similar in profile 150 to the passive head impulses. We measured the effect of unilateral VOR adaptation training by 151 comparing the active and passive VOR gains before and after training. For pre- and post-training 152 testing only, each subject completed 15 leftward and 15 rightward passive and active head 153 impulses. The training consisted of active head impulses only. 154

155

Unilateral VOR adaptation training

Apart from the laser target (or LED during testing above) subjects were tested in dim light. Subjects were asked to make active (self-generated) head impulses from a neutral, neckcentred starting position alternating to the left and right. The subject commenced each head impulse when the head was in neutral position and the laser target appeared. When absolute head velocity exceeded 120° /s the laser would turn off for 2 seconds. The laser turning off was an indication that the head impulse had the correct velocity profile. The 120° /s velocity threshold was chosen to ensure that the head impulse was predominantly a vestibular stimulus, thus

164

165

166

167

168

169

170

171

172

173

174

175

176

177

limiting any effects of non-vestibular systems such as smooth pursuit, optokinetic and predictive oculomotor systems, which contribute to gaze stability at lower head velocities than the VOR (14, 15, 16). During these 2 seconds the subject completed the rest of the impulse (the entire impulse duration was ~150 ms), paused and slowly returned their head back to the neutral position. Reappearance of the laser target was the cue to perform an impulse to the opposite side. During the head impulse, the subject's task was to either fixate the visible laser target or fixate the last remembered location of the laser target before it turned off. Vertical laser position moved in the same direction and magnitude as the head for pitch head movements. Horizontal laser position was controlled by horizontal head velocity and head direction adaptation gain. All subjects performed about 300 active head impulses, i.e., 150 to each side. The non-adapting side gain was set so that the VOR gain (eye velocity / head velocity) required for target image stabilisation was 1.0, whereas the adapting side gain was set so that the VOR gain required for target image stabilisation was 1.5. We selected the training VOR gain of 1.5 based on pilot trials where two subjects with UVH underwent adaptation training with the adapting side target gain set at 1.25, 1.5, 1.75 and 2, over separate training sessions. The largest unilateral VOR gain

increases were observed when the target gain was set at 1.5 (+43.2% and +39.2%, n=2). For UVH subjects the ipsilesional side was chosen as the adapting side, whereas for the BVH subject the side with the lowest pre-adaptation gain was chosen. For normal subjects we randomised the adapting side (leftwards for 2 subjects and rightwards for 4 subjects). The adaptation training typically took 15 minutes.

183 Data Analysis

184 The onset of each head impulse was calculated by fitting a polynomial curve to horizontal 185 angular head velocity versus time. The point where the magnitude of the fitted curve was greater than 2% of the curve's peak magnitude (typically this threshold was $4^{\circ}/s$) was defined as the time of onset (17). The horizontal VOR gain was calculated by dividing inverted horizontal eye velocity by horizontal head velocity during the 30 ms period prior to peak head velocity (18).

189 Statistical analysis

We used a multi-way analysis of variance (ANOVA) with three-factor interactions to analyse the data (19). Independent variables included: *subject* ('normal', 'patient'), *impulse* ('active', 'passive'), *time* ('pre', 'post') and head rotation *direction* ('adapting side', 'nonadapting side'). The only dependent variable was *gain*. All variables were included in the ANOVA initially and those found insignificant were subsequently removed. *Paired t-tests* were performed on the pre- and post-training passive and active VOR gains. Pooled data and pooled means are described as mean ± 1 SE.

The mean pre-adaptation active and passive gains for control subjects are ~1.0. At 80% power (mean1=0.5, mean2=0.7, standard deviation = 0.1, α =0.05, power = 0.8, 2-sided test), n=6 subjects are needed to detect an increase in VOR gain up to 17%. The mean ipsilesional (adapting side) pre-adaptation active and passive gains for subjects with vestibular hypofunction are ~0.5. At 80% power (mean1=0.5, mean2=0.7, standard deviation = 0.1, α =0.05, power = 0.8, 2-sided test), n=4 subjects are needed to detect an increase in VOR gain up to 40%.

203 **Results**

204 Active and passive pre- and post-adaptation VOR gains in control subjects

Our data show a significant difference in VOR gain adaptation depending on the type of head impulse (active or passive) (ANOVA: *impulse* variable, $F_{(1,36)}$ =4.26, P<0.05).

For active head impulses towards the adapting side, the average pre-adaptation gain in controls (n=6) was 0.85 ± 0.22 and the average post-adaptation gain was 1.05 ± 0.20 (an increase of $26.1 \pm 23.4\%$). This 0.2 ± 0.13 increase was statistically significant (*paired t-test*: P < 0.05). In contrast, for active head impulses towards the non-adapting side, the average pre-adaptation gain was 0.96 ± 0.21 and the average post-adaptation gain was 0.97 ± 0.22 ($1.5 \pm 9.3\%$). This $0.01 \pm$ 0.09 increase was not significant (*paired t-test*: P = 0.79).

For passive head impulses towards the adapting side, the average pre-adaptation gain was 1.05 \pm 0.13 and the average post-adaptation gain was 1.19 \pm 0.08 (14.6 \pm 13.0%). This 0.14 \pm 0.13 increase was significant (*paired t-test*: P < 0.05). In contrast, for passive head impulses towards the non-adapting side, the average pre-adaptation gain was 1.01 \pm 0.19 and the average post-adaptation gain was 1.02 \pm 0.18 (1.5 \pm 8.2%). This 0.01 \pm 0.10 increase was not significant (*paired t-test*: P =0.81).

The increase in VOR gain during passive head impulses towards the adapting side, i.e., due to training, was 56% of the increase during active head impulses (14.6: 26.1). Figure 2 shows the individual data under all conditions for all subjects (n=6 controls and n=4 UVH and BVH patients).

223

Figure 2

Active and passive pre- and post-adaptation VOR gains in UVH and BVH patients

Although we show a large change in VOR gain adaptation in patients with vestibular loss during active head impulses towards the (ipsilesional) adapting side (pre-adaptation VOR gain 0.59 ± 0.22 ; post-adaptation VOR gain 0.75 ± 0.30 ; an increase of $29.2 \pm 21.0\%$), this $0.17 \pm$ 0.14 increase was not significant (*paired t-test*: P = 0.17).

For active head impulses towards the (contralesional) non-adapting side, the average preadaptation gain was 0.86 ± 0.21 and the average post-adaptation gain was 0.79 ± 0.22 (-9.2 ± 4.6%). This 0.07 ± 0.02 decrease was significant (*paired t-test*: P < 0.05). Figure 3 shows the active head impulse data in one UVH patient for ipsilesional head impulses pre and post adaptation. In this patient there was a 40% increase in VOR gain during impulses towards the (ipsilesional) adapted side, whereas there was a 5% (non-significant [*paired t-test*: P=0.24]) decrease in gain towards the (contralesional) non-adapted side.

236 237

Figure 3

For passive head impulses towards the adapting side, the average pre-adaptation gain was 0.43 ± 0.38 and the average post-adaptation gain was 0.37 ± 0.16 (73.0 ± 201.9%). This -0.06 ± 0.28 decrease was not significant (*paired t-test*: P = 0.72). Similarly, for passive head impulses towards the non-adapting side, the average pre-adaptation gain was 0.74 ± 0.23 and the average post-adaptation gain was 0.72 ± 0.2 (-1.8 ± 4.1%). This 0.02 ± 0.03 decrease was not significant (*paired t-test*: P =0.34).

245 **Discussion**

246 Unilateral VOR adaptation in control subjects.

Our study shows that unilateral adaptation can be induced in normal subjects with 15 247 minutes of training using the helmet target device we developed. The VOR gain towards the 248 adapting side was increased by ~26% during active and ~15% during passive head impulses. In 249 contrast, for rotations towards the non-adapting side there was no significant increase for active 250 or passive head impulses. In our previous unilateral adaptation study there was an 8% adaptation 251 increase for rotations towards the non-adapting side during active head impulses, which we 252 attributed to changes in the signals carried by the inhibitory commissural vestibular pathways 253 from the adapting side, which contribute to the non-adapting side response (20, 21). In this 254 current study, however, we did not observe a contextual adaptation transfer to the non-adapting 255 side. This preliminary result supports our hypothesis that using a visual stimulus that requires 256 VOR gain = 1 for rotation towards the non-adapting side is effective at maintaining the healthy 257 VOR gain (contralesional VOR gain 1.0) compared to an absent visual stimulus. A possible 258 explanation is that the presence of visual feedback during contralesional head rotations helps to 259 prevent any 'cross-over' adaptation from the commissural (ipsilesional) vestibular pathways 260 during exposure to ipsilesional head motion and retinal slip error signal. 261

We did not use the incremental (initial gain = 1.1 demand driven to a final target gain = 263 2) adaptation training technique, which for *bilateral* adaptation has been shown to more 264 effectively increase the VOR gain compared to x2 'all-at-once' adaptation training (9). Instead, 265 in this study we used a continual x1.5 ('all-at-once') training, which for *unilateral* adaptation 266 seems to be just as effective as the incremental adaptation training (10). This preliminary result suggests that the 0.1 increment in target gain between training epochs during incremental adaptation training (9, 10) may be conservative.

269 Unilateral VOR adaptation in UVH and BVH subjects.

There was evidence of unilateral adaptation, albeit less consistent, in the UVH and BVH 270 patients. Compliance may have been an issue. We originally recruited 6 patients. Two of these 271 six patients, U1 and U2, quickly learnt the adaptation training exercise, i.e., within 5 minutes, 272 and performed the training without complication. During active head impulses both these 273 subjects had significant adaptation towards the ipsilesional adapting side (+43.2% and +39.2%)274 and minimal adaptation towards the non-adapting side (-14.3% and -5.6%). These increases were 275 greater than those seen in previous studies on bilateral and unilateral incremental adaptation 276 training in UVH subjects (9) and normal subjects (10), respectively. Out of the remaining four, 277 two learnt the adaptation training exercise reasonably well, but were inconsistent in terms of 278 rotating their head with the correct velocity profile and keeping their eyes on the laser target. 279 Notwithstanding, there was evidence of unilateral adaptation in these subjects also, particularly 280 in patient B1, whose VOR gain increased from 0.08 to 0.38 during passive head impulses 281 towards the adapting side. The remaining two patients found the training task too difficult and 282 could not proceed with the experiment. 283

If unilateral adaptation is possible, then why is recovery of the ipsilesional VOR in patients minimal?

There is some evidence that patients that suffer from vestibular dysfunction may change their movement strategies such that they move less toward the side of the lesion, which prevents an increase in gain due to the scarcity of retinal slip error in that direction. (22, 23, 24). Clendaniel *et al.* (25) showed that adaptation of gain during rapid head rotations could only

Unilateral vestibular adaptation improved

290 occur if the retinal slip error signal was paired with head rotations that were of similar frequency 291 and velocity to the test stimuli. It may be that these patients are not moving their heads rapidly 292 enough during everyday activity to induce the necessary gain increases in the ipsilesional 293 direction. Another possible reason is that patients are using non-vestibular compensatory 294 mechanisms to supplement the VOR, such as compensatory saccades (5, 26).

Another possible explanation is that VOR gain changing circuitry is located both 295 upstream and downstream of neurons that compute the difference between inputs from the two 296 labyrinths. During everyday activity the patient moves their head in both directions and never 297 repeatedly in one direction, so there may be a conflict in the error signal induced by motion in 298 the contralesional and ipsilesional directions. In this circumstance, both upstream and 299 downstream gain circuitry might be adjusted, resulting in a bilateral gain change. By providing a 300 retinal image slip signal when rotating in one direction the result might be adjustment of 301 unilateral upstream circuitry only, resulting in a unilateral gain change. 302

303 Will vestibular patients retain an adapted gain?

The rehabilitative potential of our technique depends on retention being possible. Several 304 lines of evidence support this possibility. For example, the classic Gonthor and Melville-Jones 305 (8) study that produced VOR direction reversal after 27 days of adaptation training using 306 reversing spectacles in normal subjects, showed that adaptation was retained overnight and 307 added to with subsequent sessions. They also showed that de-adaptation (lack of retention) 308 occurred over a long period, i.e., 14 - 21 days. De-adaptation is likely to be less of an issue in 309 vestibular patients because their normal visual environment will, if anything, further drive up 310 their adapted (but still <1) VOR gain to bring it closer to ideal (unity gain), whereas a normal 311 312 subject's adapted gain (>1) will be driven down to unity.

313 Technical challenges

There are differences in the experimental techniques used in this study compared to our 314 previous adaptation studies (9, 10), which may have contributed to the variability in results. We 315 used a head coupled helmet based system to provide the visual target. We used a strap with 316 tightening mechanism to firmly couple the helmet to the head. However, we did not quantify the 317 amount of slip between head and helmet during active (training) head impulses. If slip did occur 318 due to helmet inertia, then it would likely be symmetrical and would act to increase the required 319 VOR gain for vision stabilization towards both sides, i.e., it would not affect the desired 320 asymmetric adaptation. In this study, we also used the portable video-oculography (VOG) 321 technique to measure horizontal head and eye velocity to calculate VOR gain instead of the 'gold 322 standard' scleral search coil technique, which is affected by electromagnetic devices such as a 323 galvanometer. 324

325 Conclusion

The results from this pilot study show that a visual stimulus driving the VOR gain to unity towards the non-adapting side is effective at preventing VOR gain increase in the unwanted (contralesional) direction. We also show that an asymmetrical retinal image velocity slip signal induces robust unilateral VOR adaptation in normal subjects and that it can also induce such changes in patients with vestibular hypofunction. Further development and testing will be needed to determine the full rehabilitative potential of the portable helmet device used to drive the adaptation.

334 Acknowledgment

We would like to thank Dr. Hamish Macdougall for his help with data collection using the video-oculography system he provided. This study was supported by a National Health and Medical Research Council (NHMRC Australia) Biomedical Career Development Award to A.A. Migliaccio.

339 **References**

 Aw ST, Haslwanter T, Halmagyi GM, Curthoys IS, Yavor RA, Todd MJ. Threedimensional vector analysis of the human vestibuloocular reflex in response to highacceleration head rotations. I. Responses in normal subjects. *J Neurophysiol*. 76:4009-20, 1996.

2. Halmagyi GM, Curthoys IS, Cremer PD, Henderson CJ, Todd MJ, Staples MJ, D'Cruz

DM. The human horizontal vestibulo-ocular reflex in response to high-acceleration stimulation before and after unilateral vestibular neurectomy. *Exp Brain Res.* 81:479-490, 1990.

- 348 3. Aw ST, Halmagyi GM, Haslwanter T, Curthoys IS, Yavor RA, Todd MJ. Three-349 dimensional vector analysis of the human vestibuloocular reflex in response to high-350 acceleration head rotations. II. responses in subjects with unilateral vestibular loss and 351 selective semicircular canal occlusion. *J Neurophysiol.* 76:4021-30, 1996.
- Schubert MC, Migliaccio AA, Della Santina CC. Modification of compensatory saccades
 after VOR gain recovery. *J Vestib Res.* 16:285-91, 2006.
- Schubert MC, Migliaccio AA, Clendaniel RA, Allak A, Carey JP. Mechanism of dynamic
 visual acuity recovery with vestibular rehabilitation. *Arch Phys Med Rehabil.* 89:500-7, 2008
- Gauthier GM, Robinson DA. Adaptation of the human vestibulo-ocular reflex to
 magnifying glasses. *Brain Research*. 92:331-335, 1975.
- 358 7. Gonshor A, Jones GM. Short-term adaptive changes in the human vestibulo-ocular reflex
 arc. *J Physiol*. 256:361-379, 1976.
- 360 8. Gonshor A, Jones GM. Extreme vestibulo-ocular adaptation induced by prolonged optical
 361 reversal of vision. *J Physiol.* 256:381-414, 1976.

362	9. Schubert MC, Della Santina CC, Shelhamer M. Incremental angular vestibulo-ocular
363	reflex adaptation to active head rotation. Exp Brain Res. 191:435-46, 2008.
364	10. Migliaccio AA, Schubert MC. Unilateral adaptation of the human angular vestibulo-ocular
365	reflex. J Assoc Res Otolaryngol. 14:29-36, 2013.
366	11. MacDougall HG, Weber KP, McGarvie LA, Halmagyi GM, Curthoys IS. The video
367	head impulse test: diagnostic accuracy in peripheral vestibulopathy. Neurology. 73:1134-41,
368	2009.
369	12. Halmagyi GM, Curthoys IS. A clinical sign of canal paresis. Arch Neurol. 45:737-739,
370	1988.
371	13. Della Santina CC, Cremer PD, Carey JP, Minor LB. Comparison of head thrust test with
372	head autorotation test reveals that the vestibulo-ocular reflex is enhanced during voluntary
373	head movements. Arch Otolaryngol Head Neck Surg. 128:1044-54, 2002.
374	14. Halmagyi GM, Aw ST, Cremer PD, Todd MJ, Curthoys IS. The human vertical
375	vestibuloocular reflex in response to high-acceleration stimulation after unilateral vestibular
376	neurectomy. Ann N Y Acad Sci. 656:732-8, 1992.
377	15. Carl JR, Gellman RS. Human smooth pursuit: Stimulus-dependent responses. J
378	Neurophysiol. 57:1446-1463, 1987.
379	16. Tychsen L, Lisberger SG. Visual motion processing for the initiation of smooth-pursuit eye
380	movements in humans. J Neurophysiol. 56:953-968, 1986.
381	17. Migliaccio AA, Cremer PD, Aw ST, Halmagyi GM, Curthoys IS, Minor LB and Todd
382	MJ. Vergence-mediated changes in the axis of eye rotation during the human vestibulo-

383 ocular reflex can occur independent of eye position. *Exp. Brain Res.* 151:238-248, 2003.

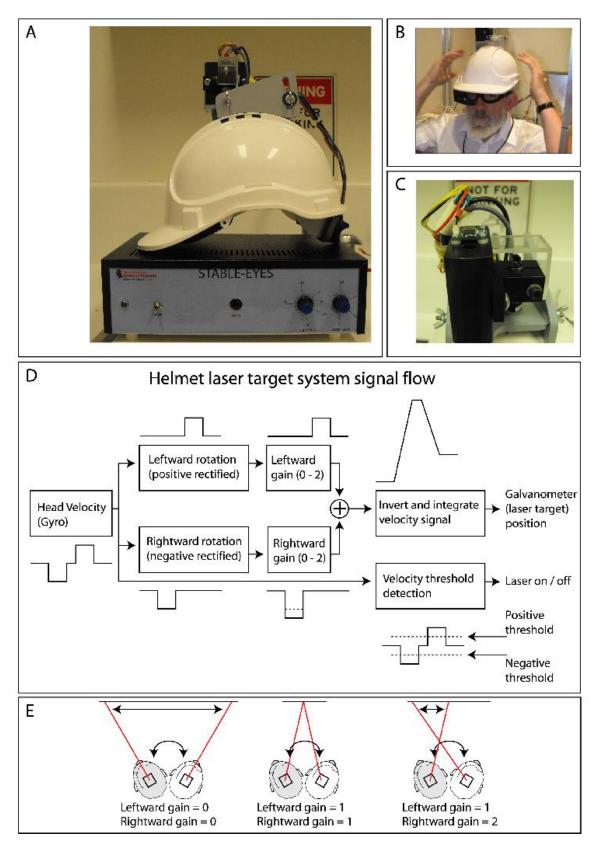
- 18. Migliaccio AA, Minor LB, Carey JP. Vergence-mediated modulation of the human
 horizontal vestibulo-ocular reflex is eliminated by a partial peripheral gentamicin lesion. *Exp Brain Res.* 59:92-8, 2004.
- 19. Diggle PJ, Liang KY, Zeger SL. Analysis of Longitudinal Data. New York: Oxford
 University Press, 1994.
- 389 20. McCrea RA, Yoshida K, Evinger C, Berthoz A. The location, axonal arborization and
 390 termination sites of eye-movement-related secondary vestibular neurons demonstrated by
 391 intra-axonal HRP injection in the alert cat. In: Fuchs A, Becker W (eds). Progress in
 392 oculomotor research. Elsevier/North Holland, Amsterdam, 1981: pp 379-86.
- 393 21. Shimazu H, Precht W. Inhibition of central vestibular neurons from the contralateral
 394 labyrinth and its mediating pathway. *J Neurophysiol* 29:467-92, 1966.
- 395 22. Herdman SJ. Role of vestibular adaptation in vestibular rehabilitation. *Otalaryngol Head* 396 *Neck Surg.* 119:49–54, 1998.
- 23. Cromwell R, Schurter J, Shelton S, Vora S. Head stabilization strategies in the sagittal
 plane during locomotor tasks. *Physiotherapy Res Int.* 9:33–42, 2004.
- 399 24. Kvale A, Wilhelmsen K, Fiske HA. Physical findings in patients with dizziness undergoing
 400 a group exercise programme. *Physiother Res Int.* 13:162–175, 2008.
- 25. Clendaniel RA, Lasker DM, Minor LB. Differential adaptation of the linear and nonlinear
 components of the horizontal vestibuloocular reflex in squirrel monkeys. *J Neurophysiol*.
 88:3534–3540, 2002.
- 26. Peng GC, Minor LB, Zee DS. Gaze position corrective eye movements in normal subjects
 and in patients with vestibular deficits. *Ann N Y Acad Sci.* 1039:337–48, 2005.
- 406

408 **Figure Legends**

Figure 1. (A) The helmet laser target system consists of a safety helmet with head strap, gyro 409 (which is oriented to maximally measure horizontal angular head velocity), galvanometer and 410 mirror, laser and control box. The control box has adjustable gain knobs for leftward and 411 rightward head rotations and a push button switch that resets the galvanometer / mirror position 412 back to neutral (Patent Pending C10585-P10585-02). (B) The subject is wearing the helmet 413 target device and video-oculography (VOG) system which measures horizontal eye position. The 414 VOG goggles have a built in gyro, thus allowing synchronous measurement of head velocity and 415 eye position. (C) Close up of the three-piece unit comprising: gyro sensor (left and above of 416 image centre), galvanometer / mirror (right of image centre) and laser (centre of image). The 417 pitch of the three-piece unit was adjusted to ensure its base was in the Earth-horizontal plane 418 after the helmet had been placed on the subject's head. (D) Signal flow of the helmet laser target 419 system. The laser target (galvanometer) velocity was proportional to head (helmet) velocity; this 420 proportionality was adjusted independently for leftward and rightward head rotations. Once the 421 signals were scaled they were summated, inverted and integrated to drive the horizontal 422 galvanometer / mirror position. A threshold circuit detected when absolute head velocity 423 exceeded the preset (but adjustable) value of 120° /s. Upon detection the laser target turned off for 424 2 seconds. (E) The leftward and rightward gains on the control box were calibrated so that a gain 425 of 1 required a perfectly compensatory VOR gain (gain = [eve velocity / head velocity] = 1) for 426 target image stabilization when the head rotated towards that side (centre image). A gain of 0, 427 requires no VOR, i.e., the eyes are fixed with respect to the head (left image), whereas a gain of 428 2, requires the VOR response to be doubled (see right image, when the head is turning to the 429 right). 430

Figure 2. Pre- and post-adaptation, active and passive VOR gains for all subjects (n=6 controls 431 C1-6; n=3 UVH patients U1-3; n=1 BVH patient B1). (A) Comparison of the pre- and post-432 adaptation active VOR gain for all subjects except C6 and B1 (coil broke during experiment). 433 Although there is variation between subjects, there is a consistent unilateral increase in the active 434 VOR gain due to adaptation training. (B) Comparison of the pre- and post-adaptation passive 435 VOR gain for all subjects. Albeit different to the active head impulse training context, there is a 436 consistent unilateral increase in the passive VOR gain due to training in control subjects. This 437 increase is ~60% of that observed in the active VOR gain. 438

Figure 3. Comparison of ipsilesional (adapting side) active VOR gain pre and post-adaptation training. In this UVH patient the gain increased from 0.79 ± 0.07 to 1.10 ± 0.08 , a gain increase of ~40%. In this same patient, the contralesional non-adapting gain went from 0.90 ± 0.5 preadaptation to 0.85 ± 0.8 post-adaptation, a ~5% decrease that was not significant.



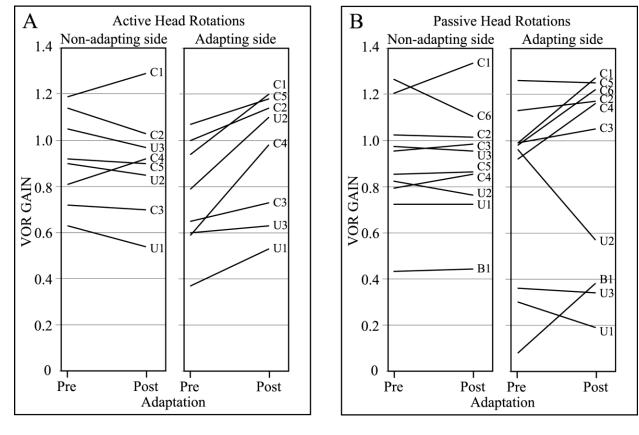




Figure 2

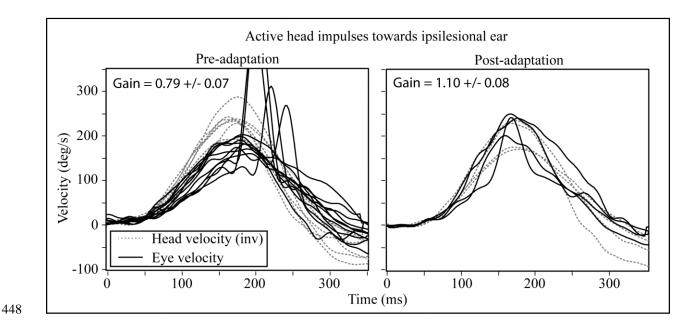


Figure 3